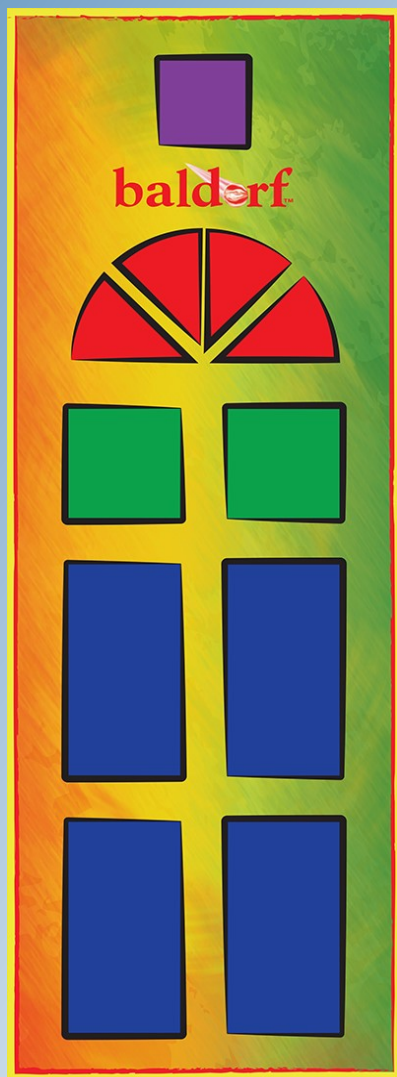


baldorf™

OFFICIAL GUIDE BOOK



& Pigdorf!



It's all about
the momentum.

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Updated May 2017

Schools, sports organizations and community groups please email info@mysticrhoads.org for community programs and volume discounts.

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baldorf Basics

Welcome to baldorf Nation. This guide explains everything you need to know about playing baldorf and helps you become a world-class baldorf athlete. Originating in Jamaica days, an early baldorf saying was “The first mistake of baldorf is reading the rules.” As baldorf spread across the globe, the rules were streamlined into this handy Guide, making it possible for everyone to learn how to play. It’s easy - only 4 pages of the Guide are dedicated to baldorf instruction. The rest is for those who may not play baldorf but enjoy the culture.

For the Kids:

baldorf is a game played on a court where players use a bouncy ball (heron referred to as a dorf) and athletic ability to score points over 3 innings.

baldorf was created by two United States Peace Corps Volunteers while they were serving in rural Jamaica.

For Mom & Dad:

Yes it’s a game. But baldorf serves a wider purpose in helping MRP empower communities by supporting great deeds:

- MRP sells baldorf game sets and uses the profits to support charitable causes
- One of MRP’s focus areas is healthy lifestyles, particularly encouraging kids to be healthy. baldorf is an easy way to encourage kids to be active, healthy, outdoors and away from electronic devices.
- baldorf game sets are donated to youth organizations that meet our mission, with a majority of donations occurring around the holiday season to kids in need.

“Actually baldorf is a running sport.”

- YMCA Camp Marston Staffer

Start with Pigdorf

The best way to learn how to play baldorf is to first learn another game entirely. **Pigdorf** is the most popular variation of baldorf and learning this game is the first step to becoming an exceptional baldorf player.

Pigdorf Rules

- Any number of players can compete with creative shots while trying to avoid gaining the letters P-I-G.
- The first player attempts a creative shot with a dorf, anywhere and anyhow (be sure to thoroughly explain each shot).
- If the player misses their attempt the next player attempts to make a creative shot of their own. This continues until a shot is made.
- When a player successfully makes a shot, all other players must complete the same shot. Players failing to complete the shot receive a letter, the first being P....
- When a player misses a shot that would give them the letter G they can "Prove It" by attempting the same shot a second time. If the player proves it, they are still in the game with only two letters. If they miss, they can no longer participate and have just been PIGGED OUT!
- During the game there are no warm up shots, dribbling is ok, but any shot counts as a turn. Players who are not currently shooting can practice.



Example Pigdorf Score Sheet

Name	Score
Red	P I G
Wesley	P
Ginger	P I G

Non-winner Sign: *Red* *Ginger*

And the winner is....Wesley!!

How a score sheet works:
Every time a player misses a shot and gets a letter it is that player's responsibility to record the letter on the score sheet. Once a player is pigged out they have to sign the score sheet to verify they are a non-winner. A score sheet can be quickly drawn up on any piece of paper.

Remember: There are no losers in baldorf, only non-winners.

YOU KNOW WHERE TO SIGN.

What You Need

Some Dorfs



Dorfs are the balls used to play baldorf. There are many shapes and sizes of dorfs in the world. There are three basic regulation sizes:

Standard Dorf: Used in official matches, ranges in size from 1.25" (32mm) to 1.5" (38mm).

B.A. Dorf: A good deal larger than a standard dorf, 1.77" (45mm) to 1.93" (49mm).

Precision Dorf: smaller than a standard dorf, 1" (27mm). Good for practicing dextures.

Some People

Three people are needed to play a regulation match with players rotating through the following positions each inning:

Thrower: Shoots dorf from the throw line. Thrower's feet are not allowed to cross the line until dorf has left their hand.

Door Judge: Positioned where vision is best to call shots, catches & drops.

Paper Judge: Keeps score, watches for throwing violations & assists the door judge.

baldorf can be played for fun with 2 people (one player, one judge). People with serious math skills can play by themselves.

What's the difference between a bouncy ball and a dorf?

- Find out on page 8.

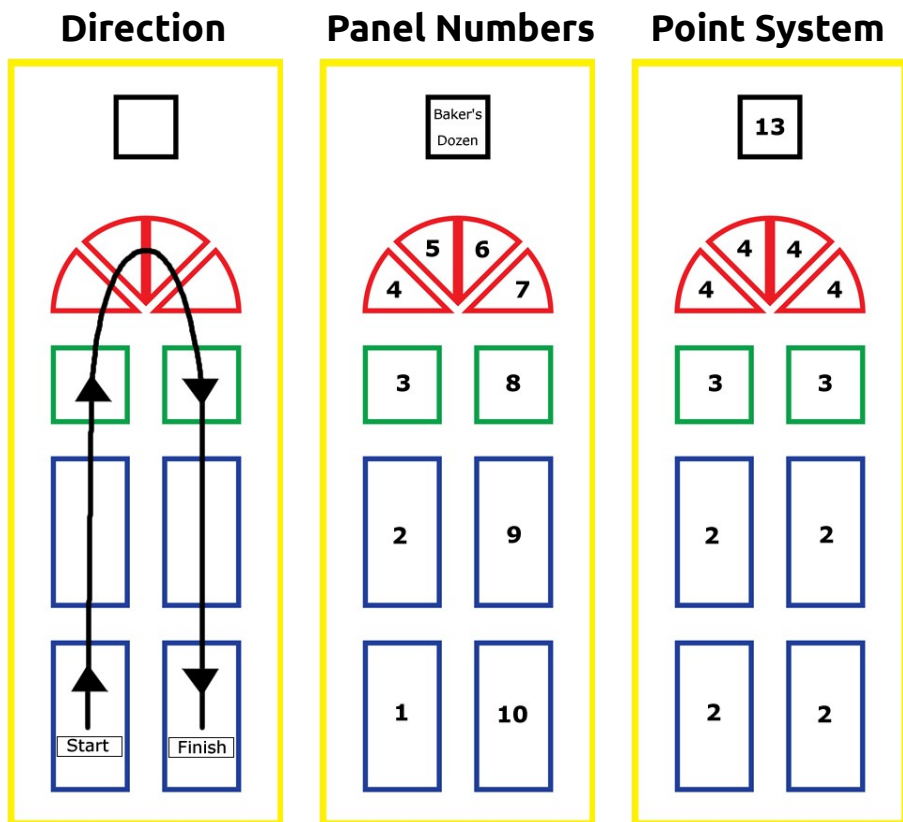
A Court

The **Baldoor** is the court baldorf is played on. It consists of 4 large panels, 2 small panels and 4 triangular panels. The 10 panels are traditionally inset, surrounded by a frame.

The shooting line is 36 inches long and centered 100 inches from the Baldoor.

Baldoor panels are numbered 1-10, starting at the bottom left panel and rotating clockwise. Each panel is worth a set amount of points.

Ideally, a space 2' from either side and 12' straight out from the Baldoor should be clear of all objects.



Offical Rules

1. Each match consists of three innings per player, with the winner being the one that scores the highest amount of points after all innings are completed.
2. Game begins with thrower acknowledging readiness to judges.
3. Thrower starts shooting at bottom left panel (1) and proceeds clockwise around Baldoor to bottom right panel (10). Dorf is bounced once at panels 1-3 & 8-10 and thrown at panels 4-7.
4. Thrower scores points by shooting dorf inside each panel.
5. Thrower cannot advance to next panel until previous panel is hit.
6. Each time panel is missed thrower gets an **OUT**. Six outs are allowed per inning.
7. After shooting a dorf the thrower must catch it with no more than one bounce on the floor (objects don't count). Two points are lost for more than one bounce. This is a **Drop**. If the dorf comes to a complete stop four points are lost. This is a **Flooring**.

8. If Thrower hits panels 4-7 consecutively one extra out is gained. This is a **Quad Bonus**. A maximum of four additional outs can be gained per inning.
9. Thrower may challenge a judge's call with the paper judge making the final verdict. Two challenges are allowed per match.
10. Successfully hitting all 10 panels without exhausting outs is called a **baldorf** and totals 30 points. 12 bonus points are awarded for this, bringing the total score for each baldorf to 42. One extra out is also gained for a baldorf (not to exceed the 4 extra total allowed outs per inning).
11. A bonus shot, called the **Baker's Dozen**, is awarded for each baldorf. Thrower must bounce dorf and hit the Baker's Dozen sign at the top, catch the dorf and say 'I just got a Baker's Dozen!!' 13 bonus points are awarded for this.
12. An inning is over when the thrower has exhausted all outs. After all players have completed three innings add points and make penalty deductions (Drops and Floorings) for final score. Player with the highest score at the end of the three innings wins.
13. baldorf must always be spelled with a lower case b.

Example Score Sheet

baldorf™
OFFICIAL SCORE SHEET

TOURNAMENT NAME: Lincoln Invitational

DATE: JUNE 12

VENUE/ATTENDANCE: Flooping Stadium

PLAYERS: Randy
Jim
Nad:ve

COMMENTS: I+5 all about the momentum!!

MATCH HIGH SCORE/PLAYER: Randy/1387 (Jim 268, Nad:ve 152)

INNING	RANDY											
1	PLAYER											
SCORES										Y	OUTS	
2	2	3	4	4	4	4	3	2	2	13	1	2
2	2	3	4	4	4	4	3	2	2	13	3	4
2	2	3	4	4	4	4	3	2	2	13	5	8
2	2	3	4	4	4	4	3	2	2	13	QB1	
2	2	3	4	4	4	4	3	2	2	13	QB2	
2	2	3	4	4	4	4	3	2	2	13	QB3	
2	2	3	4	4	4	4	3	2	2	13	QB4	
2	2	3	4	4	4	4	3	2	2	13	info	
2	2	3	4	4	4	4	3	2	2	13		
2	2	3	4	4	4	4	3	2	2	13		
2	2	3	4	4	4	4	3	2	2	13		
2	2	3	4	4	4	4	3	2	2	13		
GROSS POINTS										61		
NET INNING POINTS										53		
DROP (-2)		FLOOR (-4)		baldorfs				Y				
11		1		1								

INNING		RANDY									
2		PLAYER									
		SCORES		Y	OUTS						
2	2	3	4	4	4	3	2	2	13	1	2
2	2	3	4	4	4	4	3	2	13	3	4
2	2	3	4	4	4	4	3	2	13	5	8
2	2	3	4	4	4	4	3	2	13	QB1	/
2	2	3	4	4	4	4	3	2	13	QB2	/
2	2	3	4	4	4	4	3	2	13	QB3	/
2	2	3	4	4	4	4	3	2	13	QB4	/
2	2	3	4	4	4	4	3	2	13	info	
2	2	3	4	4	4	4	3	2	13		
2	2	3	4	4	4	4	3	2	13		
2	2	3	4	4	4	4	3	2	13		
2	2	3	4	4	4	4	3	2	13		
2	2	3	4	4	4	4	3	2	13		
2	2	3	4	4	4	4	3	2	13		
GROSS POINTS									188		
NET INNING POINTS									174		
DROP (-2)		FLOOR (-4)		baldorfs		Y					
11		11		4		1					
									POINTS AFTER 2		
									227		

INNING		RANDY						CHALLENGE	
3		PLAYER						1	2
SCORES						Y	OUTS		
2	2	4	4	4	4	4	3	1	1
2	2	4	4	4	4	4	5	2	4
2	2	3	4	4	4	4	4	2	2
2	2	3	4	4	4	4	3	2	2
2	2	3	4	4	4	4	3	2	2
2	2	3	4	4	4	4	3	2	2
2	2	3	4	4	4	4	3	2	2
2	2	3	4	4	4	4	3	2	2
2	2	3	4	4	4	4	3	2	2
2	2	3	4	4	4	4	3	2	2
2	2	3	4	4	4	4	3	2	2
2	2	3	4	4	4	4	3	2	2
GROSS POINTS						162			
NET INNING POINTS						160			
DROP (-2)	FLOOR (-4)		baldorfs		Y	TOTAL QB			
1			3		1	8			
TOTAL DROP	TOTAL FLOOR		TOTAL baldorfs		TOTAL Y	TOTAL PTS			
6	3		8		2	387			

Scoring Sheet Explained

Randy is playing a baldorf match with Jim and Nadine. Each player in a match needs a separate score sheet. This is Randy's sheet.

1st Inning

- Randy made it around the Baldoor court about 1.5 times. Each time around the court is 42 points (30 points scored plus an additional 12 points for a baldorf, or making it around the court).
- 42 points plus the points from Randy's second attempt around the door equals 61 gross points.
- Randy had two drops (-2 points) and one flooring (-4 points). Subtract these 8 penalty points from the gross score for a net inning points of 53.
- Randy earned one additional out, or quad bonus, for making it around the court. His seven total outs are marked to the right.
- Randy's one baldorf is noted at the bottom.

2nd Inning

- Randy made it around the Baldoor court just over four times. He also got a Baker's Dozen (Y, 13 bonus points) on his third baldorf.
- Four baldorfs, plus the points from Randy's fifth attempt around the court, plus the Baker's Dozen equals 188 gross points.
- Randy had three drops and two floorings. Subtract these 14 penalty points from the gross score for a net inning points of 174.
- Randy earned the maximum four additional outs for making it around the court and/or hitting panels 4-7 consecutively.
- Randy's baldorfs and Baker's Dozen are noted at the bottom.

3rd Inning

- Randy got 3 baldorfs and one Baker's Dozen. Add the points from Randy's fourth attempt around the door for 162 gross points.
- Randy had one drop, for a net inning points of 162.
- Inning stats, along with Randy's combined stats from the entire match, are noted at the bottom of the 3rd inning.

Way of the Dorf

baldorf is more than just a game or a sport – it's a culture and a way of life. Dorf Heroes understand MRP's mission of making individuals, communities and the world a better place through sound education, healthy living and community service. To achieve this end, a true hero understands and follows the 8 sacred baldorf principles, known as the Way of the Dorf. Mastering the Way of the Dorf helps baldorf players become successful in all walks of life.

#1 – Community Involvement: There's no I in baldorf. Take time to support your community – donate food, help your neighbor, clean the park.

#2 – Commitment to Healthy Living: Eat well, sleep enough and get your exercise (particularly by playing baldorf and Pigdorf). Stay fit – a baldorf athlete must have the ability to put some leg into it any time, any place.

#3 – Honesty & Integrity: If it's not right don't do it; if it's not true, don't say it. When in doubt, tell the truth.

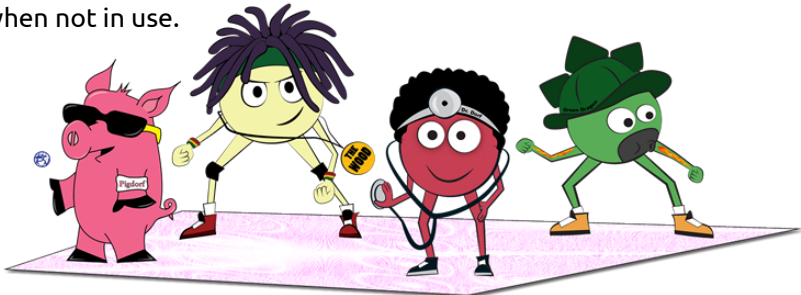
#4 – Sportsmanship: Treat fellow Dorfers with the respect everyone deserves. Remember there are no losers in baldorf, only non-winners.

#5 – Appreciate Your Environment: Enjoy nature and conserve the natural world we all depend on.

#6 – Maximum Creative Energy: Focus on the ins, not the outs. Life only runs itself if you let it.

#7 – Dedication: Set your goals high. The only thing stopping you from reaching them is your level of dedication.

#8 – Be A Strong Ambassador: How do you get others to play baldorf and enjoy the culture? Let them see how much fun you're having! baldorf should not be left in a box on the top shelf of a closet when not in use.



The Dorf Heroes follow the Way of the Dorf.
Meet all the Heroes at mysticroads.org

THE baldorf™ CHARITABLE FOUNDATION

What's the difference between a bouncy ball and a dorf?
A dorf serves a purpose.

We love the game of baldorf, but the real purpose of a dorf is not to play baldorf. What!? Although that may sound paradoxical, it is in fact true. Aside from helping you have fun and be healthy, baldorf also plays an important role in supporting the baldorf Charitable Foundation. Named after this great sport, the Foundation allows MRP to extend a hand to communities in need, helping us meet our mission by providing resources for educational opportunities, healthy lifestyle choices, environmental conservation and community service. The Foundation is funded through product sales, donations and grants. Foundation resources are then used to carry out MRP's community improvement projects and to provide grant funding to smaller community organizations in line with MRP's mission.

How does baldorf help?

- **\$\$:** Proceeds from baldorf product sales support the baldorf Charitable Foundation.
- **Our Mission:** baldorf is an easy way to encourage kids to be active, healthy, outdoors and away from electronic devices.
- **Dorfs Across the World:** an MRP program that promotes healthy lifestyles to kids. Through the program, baldorf & Pigdorf game sets are donated free of charge to organizations (schools, clubs, community groups) that encourage kids to participate in healthy, outdoor activities.
- **baldorf Better Holidays:** Each Christmas, MRP gives gifts to kids in need that can use some extra fun under the Christmas tree. We partner with local charitable organizations to give out Pigdorf Playing Sets and essential items like clothing, personal hygiene products, school supplies and healthy.

Learn More

Go ahead, bounce a dorf. Visit the following sites to learn about all things baldorf.

Website: visit the home of baldorf at www.mysticrhoads.org.

Facebook: go to facebook.com/mysticrhoadsproductions and like our page. Besides the website, this is the best place to learn about baldorf.



Twitter: Want to know what's going on with MRP in 140 characters or less? Go to twitter.com/mysticrhoads and give us a follow.



You Tube: Visit MRP's YouTube channel for mostly hilarious baldorf videos. Go to youtube.com and search for **Mystic Rhoads Productions**. Here you will find videos of tournament highlights, learn what random people think about baldorf and all kinds of other craziness.



As you get started on your baldorf journey here's a few things to keep in mind from The Wood, one of the loudest baldorf players of all-time:

The Wood's things to remember....

□ Every win is a fair win □ It's all part of the game □ It's all about momentum □ Focus on the ins, not the outs □ It's all about the pressure □ It's all about the obstacles □ Aim for the floor, not the door □ Put some leg into it!! □ Just like that □ When it comes to baldorf, everyone's a pro □



baldorf Products

Pigdorf Game Set with Family of Dorfs

Get things bouncing with the original Pigdorf Game Set. Each set includes a **Family of Dorfs** featuring 5 balls in a variety of shapes, colors and sizes with their own life story. Also includes a custom dorf holster hand-crafted by a Nebraska artisan, Pigdorf playing guide, Dorf Hero trading card and collector's tin. Adopt all 8 families.



Need a few more dorfs in your pocket? Get mass quantities with our special sets of collectible balls you won't find anywhere else. Each unique set includes a Pigdorf playing guide and holster.

The Baker's Dozen: Taking its name from the great game of baldorf, the Baker's Dozen features a set of 13 dorfs in varying sizes.

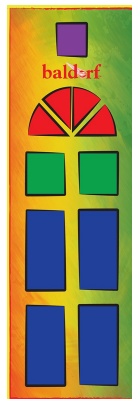
The Double Dozen: The Baker's dozen multiplied by a factor of two. 26 high quality collectible dorfs in varying sizes.

The Quad Bonus: Needs some extra outs? Get a Quad Bonus! 52 dorfs in varying sizes. The Quad Bonus is great for party favors and large groups of kids.

baldorf Home Stadium

A baldorf court you can hang and play anywhere, then take down and move outside when your mom yells at you for bouncing dorfs in the house. Includes the official baldorf Guide Book, baldorf instructional DVD, Baldoor and Family of Dorfs.

Great for schools, camps and other large groups of kids.



MYSTIC RHOADS PRODUCTIONS

Mystic Rhoads Productions is a 501(c)(3) nonprofit charitable organization.

Mission: Using the power of our products to build momentum for positive community change.

Focus Areas: Education, healthy living, community service.

Lend a hand today:

Website: mysticrhoads.org

E-mail: info@mysticrhoads.org

